

Name \_\_\_\_\_

# PRACTICE PLAN

(total time - \_\_\_\_\_)

**Main Concept –** \_\_\_\_\_

**Warm-up #1 -** \_\_\_\_\_

**Time -** \_\_\_\_\_

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**Warm-up #2 -** \_\_\_\_\_

**Time -** \_\_\_\_\_

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**Warm-up #3 -** \_\_\_\_\_

**Time -** \_\_\_\_\_

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Name \_\_\_\_\_

**Main Concept -** \_\_\_\_\_

**Song #1 -** \_\_\_\_\_

**Section 1 -** \_\_\_\_\_ **Time -** \_\_\_\_\_

**Goal -** \_\_\_\_\_

**Repetitions ? -** \_\_\_\_\_

**Section 2 -** \_\_\_\_\_ **Time -** \_\_\_\_\_

**Goal -** \_\_\_\_\_

**Repetitions ? -** \_\_\_\_\_

**Section 3 -** \_\_\_\_\_ **Time -** \_\_\_\_\_

**Goal -** \_\_\_\_\_

**Repetitions ? -** \_\_\_\_\_

**Song #2 -** \_\_\_\_\_

**Section 1 -** \_\_\_\_\_ **Time -** \_\_\_\_\_

**Goal -** \_\_\_\_\_

**Repetitions ? -** \_\_\_\_\_

**Section 2 -** \_\_\_\_\_ **Time -** \_\_\_\_\_

**Goal -** \_\_\_\_\_

**Repetitions ? -** \_\_\_\_\_

**Section 3 -** \_\_\_\_\_ **Time -** \_\_\_\_\_

**Goal -** \_\_\_\_\_

**Repetitions ? -** \_\_\_\_\_